

NEW LIFE

God is active in this world

Colossians 1:17

He, Jesus, is before all things, and
in Him all things hold together.

2 Corinthians 5:20a

We are therefore Christ's
ambassadors, as though God were
making His appeal through us.

1 Corinthians 12:27

Now you are the body of Christ,
and each one of you is a part of it.

Matthew 5:13-14

You are the salt of the earth... You
are the light of the world

Colossians 3:12

Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience.

Kindness:
acts of compassion

A Dollar's Worth of Kindness
Makes a \$1000 Difference

Psalm 30

Vs 2

LORD my God, I called to you for help

Vs 8

I called; to the Lord I cried for mercy

Vs 10

Hear, O LORD, and be merciful to me; O
LORD, be my help

Vs 1

I will exalt you, O LORD, for you
lifted me out of the depths and did
not let my enemies gloat over me.

I will exalt you

- ✓ The desire and ability for God to be first in thought and action
- ✓ Living a life that makes God known through thought and action

Lifted out of the depths

In the depths:

✓ Depression

✓ Hopelessness

✓ Greif

Victory over the enemies

Enemies:

- ✓ Addiction
- ✓ Anger
- ✓ Greed
- ✓ Pride
- ✓ Selfishness

Vs 2

O LORD my God, I called to you
for help and you healed me.

Vs 3

O LORD, you brought me up from
the grave; you spared me from
going down into the pit.

Being brought up from the grave

Grave-Sheol-Hell

- ✓ A lingering sickness
- ✓ A lingering situation

Spared me from going down into the pit

- ✓ Spared from going down deeper
- ✓ Spared me from a new low

Vs 4

Sing to the LORD, you saints of
His; praise His holy name.

✓ Leading others in the of praise God

Vs 5

For His anger lasts only a moment,
but His favor lasts a lifetime;
weeping may remain for a night, but
rejoicing comes in the morning.

✓ An embracing of confession and
repentance

Vs 6

When I felt secure, I said, "I will
never be shaken."

✓ An unhitching from false security

Vs 7

O LORD, when you favored me,
you made my mountain stand firm;
but when you hid your face, I was
dismayed.

✓ An embracing of God's purpose

Vs 8

To you, O LORD, I called; to the
Lord I cried for mercy:

Vs 9

"What gain is there in my destruction,
in my going down into the pit? Will the
dust praise you? Will it proclaim your
faithfulness?"

✓ No value in any way other than
God's way

Vs 10

Hear, O LORD, and be merciful to
me; O LORD, be my help."

Vs 11-12

You turned my wailing into dancing; you removed my sackcloth and clothed me with joy, that my heart may sing to you and not be silent. O LORD my God, I will give you thanks forever.

- ✓ My wailing into dancing
- ✓ Removed sackcloth
- ✓ Clothed me with joy
- ✓ A heart that sings

How did he go from?

- ✓ Depression, hopelessness, and grief to freedom
- ✓ Addiction, anger, greed, and pride to victory
- ✓ Going through Sheol to walking in life
- ✓ Being weighted down by sin to being set free
- ✓ A false security to embracing God
- ✓ Wailing to dancing
- ✓ Broken to restored
- ✓ Great sorrow to unquenchable joy
- ✓ A heavy heart to one that sings

What if some perhaps all these answers
came through Colossians 3:12 people

- ✓ Abishai
- ✓ Jonathan
- ✓ Abigail
- ✓ Nathan
- ✓ Josheb
- ✓ Eleazar
- ✓ Shammah

Colossians 3:12

Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience.

#1-Say thank you to 10 people today

#2-Give a hug to someone today

#3-Text words of encouragement to 5 people today

#4- Send out 3 hand written notes to family/friends this week

#5-Take cookies to your neighbor this week

#6-Smile at everyone you see today

#7-Call a friend and just say hi today