

NEW LIFE

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Mrs. Fournoy's Collection of Quotes and Affirmations

# Learning Life's Lessons



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Mrs. Flourney's Collection of Quotes and Affirmations: Learning Life's Lessons provides a set of ingredients for making lemonade in a life sometimes filled with lemons. It is about using the philosophies of leaders throughout history who have succeeded in our imperfect world. It is also about learning to be proactive thinkers who are open to new ideas and schools of thought.

This uplifting selection of quotes and affirmations seeks to find those committed to making the most of their time on earth, contributing positively to mankind by being ourselves, being generous with our talents and gifts, and being receptive to the idea of always giving the best of ourselves with love.

“Darkness cannot drive out  
darkness; only light can do that.  
Hate cannot drive out hate; only  
love can do that.”

*Martin Luther King, Jr.*

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“One doesn't recognize the really important moments in one's life until it's too late.”

*Agatha Christie*

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You will miss the important parts of  
life and then, some years later, you  
will realize you missed them

Is regret unavoidable?

Is regret inevitable?

Regret - feel sad, repentant, or disappointed over something that has happened or been done, especially a loss or missed opportunity

I will agree that regret is real and is  
powerful

I will agree that every regret carries  
with it a wound

I will agree that I can live an  
unregretted hour, day, week, month,  
year, and life

# ---Praise His Name---

Psalm 8:1

O LORD, our Lord, how majestic is your name in all the earth!

Praise causes us to:

- ✓ Be victorious
- ✓ Wonder rather than wander
- ✓ Know real purpose
- ✓ Care for what is His

# ---Embrace His Word---

Philippians 2

Vs 12a

Therefore, my dear friends, as you have  
always obeyed-- not only in my  
presence, but now much more in my  
absence...

Vs 12b

...continue to work out your  
salvation with fear and trembling,

Salvation:  
spiritual deliverance from sin and  
the world

We have been delivered from sin  
and the world and delivered to Jesus

Fear and trembling

an anxiety, an internal agitation, one has when they feel that they have an important interest at stake



Our relationship with Jesus must  
influence the way we operate in  
the world

Rather than the way we operate in  
the world influencing our  
relationship with Jesus

My relationship with Jesus being played out in my life has the ability to alter this world and will have eternal effects that are more than I may be able to understand

## Vs 13

...for it is God who works in you to  
will and to act according to His  
good purpose

**Work out because God works in**

God will not force you, but He will  
give you the will and you will be  
compelled by your empowered will  
to do His good purpose

Living out God's good purpose will  
leave you with an unregretted hour,  
day, week, month, year, life

Vs 14

Do everything without complaining or  
arguing,

Complaining

bad attitude arising from selfishness

Arguing

the next level that follows complaining

Vs 15a

...so that you may become blameless  
and pure, children of God without fault  
in a crooked and depraved generation...

Vs 15b

...in which you shine like stars in the  
universe



## Vs 16

...as you hold out the Word of life-- in order that I may boast on the day of Christ that I did not run or labor for nothing.

**Hold onto and out the Word of life**

Hold onto

Embrace

welcome and take advantage of  
something eagerly and willingly

## Psalm 33:4-11

### The Word of God

- ✓ is right and true
- ✓ is powerful and productive
- ✓ is organizational (chaos killer)
- ✓ has authority
- ✓ carries victory

## Genesis 1:26

Then God said, "Let us make man in our image, in our likeness..."

## Exodus 3:7-8

The LORD said, "I have indeed seen the misery of my people in Egypt. I have heard them crying out because of their slave drivers, and I am concerned about their suffering. So I have come down to rescue them from the hand of the Egyptians and to bring them up out of that land into a good and spacious land, a land flowing with milk and honey-- the home of the

## 2 Samuel 22:17-18

He reached down from on high and took hold of me; he drew me out of deep waters.

He rescued me from my powerful enemy, from my foes, who were too strong for me.

## Nehemiah 4:15-18

When our enemies heard that we were aware of their plot and that God had frustrated it, we all returned to the wall, each to his own work. From that day on, half of my men did the work, while the other half were equipped with spears, shields, bows and armor.

## Proverbs 14:26

He who fears the LORD has a secure fortress, and for his children it will be a refuge.



## Daniel 1:8

But Daniel resolved not to defile himself with the royal food and wine, and he asked the chief official for permission not to defile himself this way.

## Jonah 2:8

Those who cling to worthless idols  
forfeit the grace that could be theirs.

## Mark 1:40-42

A man with leprosy came to him and begged him on his knees, "If you are willing, you can make me clean." Filled with compassion, Jesus reached out his hand and touched the man. "I am willing," he said. "Be clean!" Immediately the leprosy left him and he was cured.

## Ephesians 6:10-11

Finally, be strong in the Lord and in his mighty power. Put on the full armor of God so that you can take your stand against the devil's schemes.

## Colossians 1:17

He (Jesus) is before all things, and in  
Him all things hold together.

## Hebrews 12:4

In your struggle against sin, you have not yet resisted to the point of shedding your blood.

## Revelation 21:4

He will wipe every tear from their eyes.

There will be no more death or mourning or crying or pain, for the old order of things has passed away.