

New Life

Sharpening Process

1. Time with God
2. Time in the Word
3. Time with trusted people
4. Time away
5. Time growing my brain

Mental Health Medicine

Breakdown

0-1 Years	125,361
2-3 Years	202,319
4-5 Years	306,079
6-12 Years	3,259,955
13-17 Years	3,419,633
18-24 Years	5,639,967
25-44 Years	21,429,352
45-64 Years	28,183,444
65 Year +	18,675,398

Grand Total

80,233,280

An article in Psychology Today entitled

Why You Feel Regret—and What You Can Do About It

A person's sense of self is made up of
three components: actual, ideal, and
ought selves.

If you look back over the course of your life, do you feel you took advantage of every opportunity that came your way? Or, are you living with the weight of regret? No matter how accomplished you may be, it's true that everyone experiences the harsh reality of knowing they failed to take action in pursuing something they wanted for themselves.

Is there any other way, really? These are the inevitable realities of living a complex life, a life full of ups and downs. And perhaps, in theory, there's a small handful of (superpowered) people living regret-free lives. But for the vast majority of us, regret is a real thing that we have to face. So whether you bemoan doing something you wish you hadn't or miss doing something you wish you had, regret is a universal emotion.

I am a firm believer that we can be in that “small handful of super-powered people living regret free lives”

Living a “Praise His Name” life
with leave us with no regrets

Psalm 8:1

O LORD, our Lord, how majestic is
your name in all the earth!

Praise causes us to:

- Be victorious
- Wonder rather than wander
- Know real purpose
- Care for what is His

Living an “embracing God’s Word”
life with leave us with no regrets

Psalm 33:4-11

The Word of God

- is right and true
- powerful and productive
- is a chaos killer
- has authority
- carries victory

Psalm 33:12

Blessed is the nation whose God is the
LORD, the people He chose for His
inheritance.

Of all of the choices God could have
made He choose to chose you

1Thessalonians 1:4

For we know, brothers loved by
God, that He has chosen you...

Rejoice in His choosing

Crow:

cry out with delight

Exuberate:

burst forth with unrestrained
enthusiasm

Living a “Rejoice in His choosing”
life with leave us with no regrets

The effects of being chosen are
eternal – lasting for all time

1 Peter 2:9

But you are a chosen people, a royal priesthood, a holy nation, a people belonging to God, that you may declare the praises of Him who called you out of darkness into His wonderful light.

“But you...”

Vs 8

They stumble because they disobey
the message...

1 Peter 2:9

But you are a **Chosen People**

➤ Chosen to be a people who have been sealed with the Spirit

➤ Chosen to receive power when the Spirit comes on you

➤ Chosen to be a people that stand in victory

➤ Chosen to be a people that have been handed a shield of victory

➤ Chosen to be a people who carry the
Sword of the Spirit

➤ Chosen to be a people who have been
given the armor of God

➤ Chosen to be a people who go from
strength to strength

➤ Chosen to carry the treasure

Chosen to be at times hard pressed on every side, but not crushed

Chosen to be at times perplexed, but not in despair;

Chosen to be at times persecuted, but not abandoned;

Chosen to be at times struck down, but not destroyed. *2 Corinthians 4:7-9*

1 Peter 2:9

But you are a chosen people, a
Royal Priesthood

King-Priest

➤ Chosen to have great authority

➤ Chosen to stand in the gap between
God and people

Mark 16

V s 15-16

He (Jesus) said to them, "Go into all the world and preach the good news to all creation. Whoever believes and is baptized will be saved, but whoever does not believe will be condemned.

Vs 17-18

And these signs will accompany those who believe: In my name they will drive out demons; they will speak in new tongues; they will pick up snakes with their hands; and when they drink deadly poison, it will not hurt them at all; they will place their hands on sick people, and they will get well."

1 Peter 2:9

But you are a chosen people, a royal
priesthood, a **Holy Nation**

Ephesians 3:12

In Jesus and through faith in Jesus we
may approach God with freedom and
confidence.

➤ Chosen to have the gold scepter extended toward us and invited in to the presences of the King

➤ Chosen to have access to the throne room of God

➤ Chosen to have access to the Very Presence of God

➤ Chosen to bring worship, thanksgiving, praise, and needs to God

➤ Chosen to touch heaven and bring heaven to earth

1 Peter 2:9

But you are a chosen people, a
royal priesthood, a holy nation, a

People Belonging to God

Revelation 5:9

And they sang a new song: "You are worthy to take the scroll and to open its seals, because you were slain, and with your blood you purchased men for God from every tribe and language and people and nation.

➤ Chosen to be purchased

➤ Chosen to be the private property of
God

1 Peter 2:9

But you are a chosen people, a royal priesthood, a holy nation, a people belonging to God, that you may declare the praises of Him who called you out of darkness into His wonderful light.

➤ Chosen to declare the praises of Him who called out of darkness into His wonderful light

➤ Chosen to be a proclaimer of God Himself

➤ Chosen to know that light defeats darkness

➤ Chosen to know that whatever darkness is in or around us/others will lose to the Light

Rejoice in His choosing

Living a “Rejoice in His choosing”
life with leave us with no regrets

Vs 10

Once you were not a people, but
now you are the people of God;
once you had not received mercy,
but now you have received mercy.

Vs 11

Dear friends, I urge you, as aliens and strangers in the world, to abstain from sinful desires, which war against your soul.

Vs 12

Live such good lives among the pagans that, though they accuse you of doing wrong, they may see your good deeds and glorify God on the day He visits us.