

New Life

The Good Life

How do you define that concept?

The Good Life

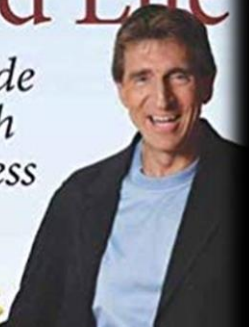
- Good: of high quality
- Life: the way or manner of living

The highest manner of living

DAVID PATCHELL-EVANS
Foreword by Bill Pearl

Living the Good Life

Your Guide
to Health
and Success



OVER
1,150,000
IN

A Guide to Finding Personal Freedom . . .

FLORIDA

Live the Good Life



THE GOOD LIFE

How to Create a Sustainable
and Fulfilling Lifestyle

The GOOD Life

get lean,
feel great,
look
fabulous!



FROM THE
BESTSELLING
AUTHORS OF
SUPER GREEN
SMOOTHIES

LIVE A GOOD LIFE

And in the end it's not the years in a life,
it's the life in the years.

Abraham Lincoln

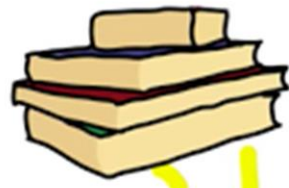
Living The Good Life
One feeling
At A Time



INTELLECTUAL
VIRTUES

+

VIRTUE
OF
CHARACTER



=

HABIT



EUDAIMONIA

The Dash Between the Years

I read of a man who stood to speak
at the funeral of a friend.

He referred to the dates on her tombstone
from the beginning...to the end.

-

He noted that first came the date of her birth
and spoke of the following date with tears,
but he said what mattered most of all
was the dash between those years.

For that dash represents all the time
that she spent alive on earth...
and now only those who loved her
know what that little line is worth.

-

For it matters not, how much we own;
the cars...the house...the cash.
What matters is how we live and love
and how we spend our dash.

Colossians 3:16a

Let the word of Christ dwell in you
richly

Dwell:

Give it a home

Richly:

**Let it come alive in the home, not as a
servant but as the Master**

16b

...as you teach and admonish one another with all wisdom, and as you sing psalms, hymns and spiritual songs with gratitude in your hearts to God.

A life of giving and receiving

A life of worship, praise, and thanksgiving

Vs 17

And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through Him.

A life that is that is directed by and lived for the glory of the Name of Jesus

A life

- ✓ of giving and receiving
- ✓ of worship, praise, and thanksgiving
- ✓ that is directed by and lived for the glory of, the Name of Jesus

Is that living life in the
highest manner?

The word of Christ dwelling richly
in us produces the good life

How do I let the Word of Christ
dwell in me richly?

Ephesians 5

Vs 18

Do not get drunk on wine, which leads to debauchery. Instead, be filled with the Spirit.

Vs 19-20

Speak to one another with psalms, hymns and spiritual songs. Sing and make music in your heart to the Lord, always giving thanks to God the Father for everything, in the name of our Lord Jesus Christ.

Ephesians 5:18-20 + Colossians 3:16-17

Do not get drunk on wine, which leads to debauchery.

Instead, be filled with the Spirit. Let the word of Christ dwell in you richly as you teach and admonish one another with all wisdom, and as you sing psalms, hymns and spiritual songs with gratitude in your hearts to God. Speak to one another with psalms, hymns and spiritual songs. Sing and make music in your heart to the Lord, always giving thanks to God the Father for everything, in the name of our Lord Jesus Christ. And whatever you do, whether in word or deed, do it all in the name of the Lord Jesus, giving thanks to God the Father through Him.

There is this agreement between the
Word of Christ and the Spirit that
produces the same results

John 16:12

I have much more to say to you, more
than you can now bear.

Vs 13

But when the Spirit, the Spirit of truth, comes, the Spirit of truth will guide you into all truth. The Spirit of truth will not speak on His own; the Spirit of truth will speak only what He hears, and the Spirit of truth will tell you what is yet to come.

Vs 14-15

The Spirit of truth will bring glory to me by taking from what is mine and making it known to you. All that belongs to the Father is mine. That is why I said the Spirit will take from what is mine and make it known to you.

The Spirit of truth is going to
take what is Jesus' and make it
known to us?

Does the Spirit of truth speak the
Word of truth to you and me?

Is that the language the Spirit Uses?

Does the Spirit of truth use the Word of
Truth that we know as He talks to us
and guides our lives?

So if the word of Christ is to dwell in me richly I need the Spirit of Truth and the Word of Truth in the same environment

The Word of Truth is what is
planted and the Spirit of truth is the
one who plants it

If I am not

- being filled with the Spirit of truth
- consuming the Word of Truth
- letting it dwell richly in me

The Good Life will only be an
undefined concept and not a reality

Because without the Word of Christ dwelling in us richly we are bound to our opinions, limited by our experience, and tainted by our depravity

So how can I let the Word of
Christ dwell in me richly?

Ephesians 1:13

And you also were included in Christ when you heard the word of truth, the gospel of your salvation. Having believed, you were marked in him with a seal, the promised Holy Spirit...

#1

Believe and receive the Holy Spirit

John 6:67-68

"You do not want to leave too, do you?"

Jesus asked the Twelve. Simon Peter answered him, "Lord, to whom shall we go? You have the words of eternal life.

#2

Believe that the Word is the
giver of life

Matthew 4:4

Jesus answered, "It is written: 'Man does not live on bread alone, but on every word that comes from the mouth of God.'"

#3

Believe that the Word is a daily need

Jeremiah 15:16

When your words came, I ate them;
they were my joy and my heart's
delight, for I bear your name, O LORD
God Almighty.

#4

Believe that the Word is producing joy
and pleasure at the deepest level

John 17:17

Sanctify them by the truth; your
word is truth.

#5

Believe that the Word is making
me holy

Psalm 119:105

Your word is a lamp to my feet and a
light for my path.

#6

Believe that Word is showing the way

Live the Good Life!